



# VT Café Lunchbar – MENU

As of Term 2 2024

## AVAILABLE EVERY DAY

### FRESH SANDWICHES



	PLAIN	ROLL	SALAD
Vegemite	\$3.50	\$4.50	
Vegemite & cheese	\$4.50	\$5.50	
Cheese	\$4.50	\$5.50	\$6.50
Cheese & tomato	\$5.00	\$5.50	
Egg (plain or Curried)	\$4.50	\$5.50	\$6.50
Tuna	\$5.50	\$6.50	\$7.50
Ham	\$5.00	\$6.20	\$7.20
Chicken (home cooked) & salad	\$6.50	\$7.50	
Roast Beef (home cooked) & Salad	\$6.50	\$7.50	
Salad	\$5.50	\$6.50	

**Salad includes:** Lettuce, Carrot, Tomato & Onion

Add an extra 70c for: Pineapple, sundried tomato, cheese, egg, avocado or beetroot.

**WRAPS** – chicken, ham, beef or tuna with salad \$7.50

**SALAD TRAY** – Chicken, tuna, beef or ham with egg & salad \$7.20

### TOASTED SANDWICHES

Cheese	\$4.50
Ham, cheese & tomato	\$5.50
Chicken & cheese & tomato	\$5.50



### HOMEMADE

Chicken & pasta	\$6.00
Fried Rice	\$5.80
Pizza – cheese or vegetarian	\$4.50
Lasagne	\$6.00

### DRINKS

Fruit Box (250ml)	\$2.00
Water (600ml)	\$3.00
Flavoured Milks (300ml) – Choc, Strawberry or Spearmint	\$3.00

## DAILY LUNCH SPECIALS

*These items are only available on the allocated days*

### MONDAY

Meat Pie	\$5.00
Sausage Roll	\$4.50
Tomato sauce portion	.50c
Chicken strip & salad roll	\$7.20
Chicken strip & salad wrap	\$7.70



### TUESDAY

Chicken Nuggets & Salad	\$6.00
Chicken Burger (lettuce, cheese & mayo)	\$7.20
Chicken Burger & Salad (Lettuce, tomato, carrot & onion)	\$7.70
Hot Dog	\$5.50



### WEDNESDAY

Hamburger (lettuce, cheese & tomato sauce)	\$7.20
Hamburger & Salad (Beef pattie, lettuce, tomato, carrot & onion)	\$7.70
Cheeseburger (Beef pattie & cheese)	\$7.20
Chicken Burger & salad (Chicken pattie, lettuce, tomato, carrot & onion)	\$7.70

### THURSDAY

Meat Pie	\$5.00
Sausage Roll	\$4.50
Tomato sauce	.50c
Lasagne	\$6.00



### FRIDAY

Chicken strip & salad roll	\$7.20
Chicken strip & salad wrap	\$7.70
Hot Dog	\$5.00
Macaroni & Cheese	\$5.50



Traffic Light System

Green – The healthiest choice

Amber – A sometimes choice

Red – Off the menu!