

Maddington Mail: 23 May 2025 - Issue 3



Principal

Good Afternoon Parents and Carers

Pupil Free Day

Just a reminder that next Friday 30 May (Week 5) is a pupil free day. **Students do not attend school** on this day, as our staff will be taking part in professional development with other schools in our network. We appreciate your support and understanding.

WA Student Assistance Payment (WASAP)

Parents are reminded to claim their WA Student Assistant Payment. The WA State Government is introducing a new initiative to help families with cost of living pressures for families of school aged children.

The payment is to support families with school expenses for their children including Year 5 and Year 6 School Camp, Go Dance, Uniforms, Excursions and Voluntary Contributions.

To access the claim, log into ServiceWA app with you Digital ID. Alternative claim methods are available via the Department of Education website education.wa.edu.au/wasap

Kindergarten Enrolment for 2026

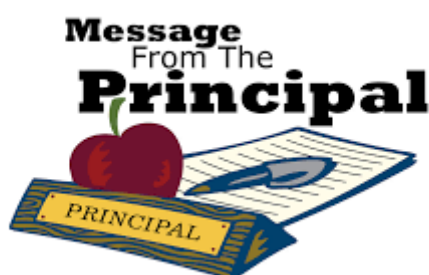
We are now taking enrolments for Kindergarten in 2026 for children born between 1 July 2021 and 30 June 2022. If your child is eligible, we encourage you to enrol early, as places are limited. Enrolments close on 25 July 2025. Please contact the school office if you have any questions or need help with the process.

Pre Primary Mother's Day

We would like to extend a big Thank You to all the wonderful mums who joined us on Friday 9 May for Room 17's Pre-primary Mother's Day activities. It was a joy to see so many smiling faces as the children and mums shared special moments together. Your presence made the day extra memorable for everyone involved!

Mr Leigh Summers

Principal



Important Dates

IMPORTANT
dates to remember

Every Friday - GO DANCE Lessons (Please wear appropriate footwear)

Wednesday 28 May - Assembly hosted by our Year 3 students in Room 6

Friday 30 May - Staff Development Day. **Pupil Free Day for Students**

Monday 2 June is a **Public Holiday**

Wednesday 18 June - Assembly hosted by our Year2/3 students in Room 7

Friday 4 July - Last Day of school for Term 2

School Holidays - Saturday 5 July to Sunday 20 July

Monday 21 July - First Day of Term 3

Honour Certificates

Congratulations to our Honour Certificate recipients from our Assembly on Wednesday 14 May

Pre Primary - MC Marie Manalac, Ali Jafari

Year 1 - Tzadkiel Wightman, Theo Mettraux, Xavier Carter

Year 2 - Mariam Hussein, Charlotte Miller, Jaydon Grobbelaar

Year 4 - Amelia Fowler, Elisa Mahroofuddin, Fletcher Siave

Year 5 - Reilly Whait

Year 6 - Storm Wells, Rizvin Salas

Sport - Amelia Lamont

Here is our Aussie of the Month recipient Kavinaa Balasuthan. Congratulations Kavinaa!



Our next assembly will be held next week, Week 5 Term 2 on **Wednesday 28 May 2025**, commencing at **9am** in the undercover area. The assembly will be hosted by our Year 3 students in Room 6.

Enrolments Open for 2026



Maddington Primary School is now accepting enrolments for 2026

Kindergarten 2026: Children born between 1 July 2021 and 30 June 2022

Pre-Primary 2026: Children born between 1 July 2020 and 30 June 2021

Please contact the school administration team on

Ph: 9205 5900

Email: maddington.ps@education.wa.edu.au

to complete enrolment documentation. We require Birth Certificate, any Visa Documents, Proof of Address and Australian Immunisation History Statement. Enrolments close Friday 25 July 2025.



Next Week: Important Parent Information Sessions for Year 5 & Year 6 families considering the following 2 secondary schools

Sevenoaks Senior College and Cannington Community College



get to know
Sevenoaks Senior College

We are looking forward to welcoming you to our Prospective Parents Information Session:

Wednesday 28 May
4:00 - 5:00pm


275 Sevenoaks St
Cannington 6107

WHAT TO EXPECT:

- ✓ Meet our staff
- ✓ Q & A session
- ✓ Understand our pathways
- ✓ Light refreshments

6235 7200 www.sevenoaks.wa.edu.au

You are invited to



CANNINGTON
COMMUNITY COLLEGE

YEARS 4-6
OPEN NIGHT

Thursday 29 May 2025
5:30pm to 7:00pm

Come and engage in a variety of interactive activities showcasing our secondary academic offerings

Principal outlining curriculum pathways for 2026 5:30pm
 Year 10 Ensemble 5:45pm & 6:30pm
 Dance Performance 6:00pm & 6:45pm
 Primary Choir 6:10pm

Face Painting Available
 Range of interactive and engaging activities
 Free Popcorn/Fairy floss machine/Slushies

All Welcome !

Winter Uniform & Labelling Personal Items

As the colder weather is now upon us, just a reminder for students to wear school jackets or plain maroon jackets. Please remember to label your child's belongings. This helps us return any lost property a lot easier.

Stephanie Sanderson - Chaplain

Now the weather has changed I would like to offer to parents and carers our school uniform windcheaters and zip up jackets. Some have the school logo and some don't. I will be putting them in tubs outside the canteen roller door for you to take for free. Please only take what you need, so others can benefit as well.

School Psychologist

Healthy Eating Habits Tips and Strategies



Information provided by Mikhaela Powell (School Psychologist)

Providing your child with healthy, nutritious food is essential for their growth and development. Providing your children with messages about healthy eating habits is also beneficial in establishing healthy habits throughout childhood, adolescence, and into adulthood.

I have provided a range of universal tips below to encourage healthy eating habits for your child:

- **Plan regular mealtimes.** Eat healthy meals together as a family where possible (e.g., eating dinner together). This is beneficial for routine, connection, and understanding hunger cues.
- **Turn off screens when eating.** This is to support focus on eating and family time. More attention is often given to the screens, prompting autopilot eating and thus losing out on interaction with family members and the food they are eating.
- **Avoid using food as a reward (e.g., dessert for finishing a meal).** This often teaches children to place higher importance on foods, prompting children to view such foods

as more desirable. Learning to associate behaviours with eating can lead to unhealthy eating.

- **Positive reinforcement.** Praise healthy choices and trying new foods to encourage them to make similar choices in the future (e.g., “I’m so proud of you for choosing to eat your fruit and vegetables”).
- **Don’t force clean plates.** When this happens, children do not recognise when they are full, and as such, this teaches children to override their fullness. Letting children stop eating when they feel full supports natural hunger cues.
- **Offer healthy snacks.** Keep fresh fruit or nutritious snacks within easy reach for when your child is hungry.
- **Provide variety.** Serve a mix of healthy foods with different colours, textures, and tastes to keep meals interesting for your child.
- **Be a role model.** Show healthy eating habits yourself by eating balanced meals, serving appropriate portions, and talking about your fullness (e.g., “this is yummy, but I’m full now, so I’m going to stop eating”). Keep a positive approach to food.
- **Avoid criticising food.** Avoid labelling foods as “good” or “bad”, as this can lead to negative associations and unhealthy food habits. Talk about food as on a spectrum.
- **Involve children in meal preparation.** Let your children help with shopping, prepping, and cooking to build interest in healthy food and mealtimes.

If you would like to learn more, please visit the following websites:

- <https://www.healthdirect.gov.au/healthy-eating-for-children>
- https://www.healthywa.wa.gov.au/Articles/F_I/Food-for-kids
- <https://kidshealth.org/en/parents/habits.html>
- <https://www.betterhealth.vic.gov.au/health/healthyliving/eating-tips-for-school-children>
- https://www.eatforhealth.gov.au/sites/default/files/files/the_guidelines/n55f_children_brochure.pdf
- <https://www.schn.health.nsw.gov.au/kids-health-hub/kids-nutrition/healthy-eating-children>

If you are concerned about your child’s growth or eating habits, please seek additional support:

- Discuss concerns with your child’s GP, Paediatrician, Child Health Nurse, or Dietitian.
- Discuss any eating or growth concerns with your student’s classroom teacher.

Mikhaela Powell

School Psychologist

Community Information - Child Parent Centre East Maddington

Term 2 Calendar 2025
28 April to 4 July
Child & Parent Centre East Maddington

Monday
It Takes a Village
10.00am to 12.00noon | 0 to 5 years
A supported playgroup for families who have been in Australia 5 years or less. If English is not your first language, and you are from a migrant or refugee background, this is a great program to support you and your children.

Thursday
Building Blocks Playgroup
9am to 10.30am | 0 to 5 years
Please bring a piece of fruit and water bottle for your child.

Friday
Child Immunisations
8.15am to 2.15pm
2, 16, & 30 May, 13 & 27 June
For bookings please call 6151 1308.

Special Dates & Workshops
For details please see next page.

- NOMI Children
- Paint the Highway REAd Annual Reading Day
- Wellness Workshops
- National Simultaneous Story Time
- National Sorry Day
- Reconciliation Week
- National Families Week

Tuesday
Learn and Grow Playgroup
9.00am to 10.30am | 0 to 5 years
Come along and enjoy learning through play. Please bring a piece of fruit and a water bottle for your child.

Bubs and Toddlers Playgroup
11.00am to 12.00noon | 0 to 2 years
Share in the journey of parenting while your little one explores the world around them.

3 Year Old Kindergarten Transition
1.00pm to 2.30pm | 13 May to 24 June
For children who will be enrolled in Kindergarten in 2025 at Maddington, East Maddington, Bramfield Park, East Kerwick, or Orange Grove Primary School.
Register now on 9452 7882 or E:CPCEastMaddington@centrecare.com.au

Read and Sing 1 July 2025
1.00pm to 2.00pm | 3 to 5 years
Join us to support and develop your child's story telling and language skills.

Wednesday
Bramfield Park Primary School Playgroup Fortnightly
8.45am to 10.15am | 0 to 5 years
7 & 21 May, 4 & 18 June, 2 July 2025
Come along to playgroup where children can play, learn, create, invent, and socialise. Please bring a piece of fruit and a water bottle for your child.

English Conversation Classes
Build your confidence in speaking English in a warm and welcoming environment. All levels welcome.

Morning Classes with Teacher Jean
9.30am - 11.30am
7, 14, 21, 28 May, 11, 18, 25 June, & 2 July

Afternoon Classes with Teacher Tatiana
12.15pm to 2.15pm
30 April, 7, 14, 21, 28 May, 11, 18, 25 June, & 2 July
Register for English on 9452 7882 or E:CPCEastMaddington@centrecare.com.au

In partnership with Centrecare

Child and Parent Centre East Maddington

Who's at the Centre?
Fortnightly on Fridays at East Maddington Child and Parent Centre. See above for dates. Please call 6151 1308 for bookings.

Child Immunisation
Our Child Health Nurse, Michelle, is available for enquires and developmental checks. Please call 1300 749 969 for an appointment.

Drop in sessions Thursdays 10.30am to 11.30am
Available for weight checks and questions about your child's Development 0 - 4 years providing your child is not unwell.
No appointment needed for Drop in

Speech Pathologist
Do you have any questions or concerns about your child's speech or language development? Book a 15-minute free telephone consult with our Speech Pathologist. Please call 9452 7882 for an appointment.

Special Dates & Events
Paint the Highway REAd Annual Reading Day
Special Poets Appearance
Wednesday 7 May, 9.00am to 11.00am at Harmony Fields, City of Gosnells Park Play
Join us for a FREE family fun event, full of talking, reading, singing, rhyming and playing!

National Simultaneous Story Time
Wednesday 21 May, 9.30am to 10.30am
At Amherst Village Library - Join children around Australia as we read 'The Truck Cat' story book.

National Sorry Day 26 May
Reconciliation Week 27 May to 3 June
Celebrate Reconciliation Week with fun activities in playgroups on 27 and 29 May. Learn about Indigenous history and culture to foster reconciliation.

National Families Week 12 to 18 May
Join us in celebrating National Families Week in all our activities at the CPC.

Play and Learn on Tuesdays
6 May to 1 July 1.00pm to 2.00pm
Join us and the City of Gosnells team for a fun, play session at Maddington Central Shops.

Story Time at the Shops
Thursdays 15 May to 3 July 9.30am to 10.30am
Join us and the City of Gosnells team at Maddington Central Shopping Centre for story time and play.

City of Gosnells Park Plays
9.30am to 11.30am
7 May - Harmony Fields Reserve, Alcock Street
14 May - Westfield Street Park
4 July - Mills Park, 86 Briston Street, Beckenham

Workshops & Information Sessions
NOMI Children
Put the fun back into Mealtimes!
Fridays for 4 weeks - 9, 16, 23, & 30 May
10.00am to 12.30pm
For Parents of children aged 0 - 5 years. Gain confidence to cook healthy meals on a budget, that the family will enjoy.

Parents Wellness Workshops
'Glass Painting'
Wednesday 4 June, 12.30pm to 2.30pm
Come along and immerse yourself in the creative process. Relax, unwind, and take some time out.

'Create a Caddy' Burnings Workshop
Friday 20 June 9.30am to 11.30am
Let your creativity flow, make connections and have fun.

BOOKINGS ESSENTIAL for Workshops
T: 9452 7882
E: CPCEastMaddington@centrecare.com.au
FREE Creche

East Maddington Child and Parent Centre, 79 Pitchford Avenue (access via Westfield Street) MADDINGTON WA 6109
T: 9452 7882 | E: CPCEastMaddington@centrecare.com.au

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Contact Us

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Visit us on the web at www.maddingtonps.wa.edu.au